

SCRATCH SHEET

(Swimmer'	's Name)	(Swimmer's Team)	(Event #)	(Event Name)
Check <u>ONE</u> of t	the boxes below	V:		
	I will scratch	from the event indica	ated above.	
	I avarcisa tha	OPTION of scratchi	ng from this	avant within
		fter my last <u>individua</u>		
		al event of this session		•
				[_]
(Swimmers		OR (Coach's Signa	ture)	(Time)
(Swinners	Signature	(Coach y bigha	(urc)	(Time)
				_
(Admin Refere	e's Signature)	(Time)		
E: IF YOU DECLARE THA	ΑΤ ΥΟυ ΜΑΥ WANT Τ	TO SCRATCH AN EVENT, BUT	YOU DO NOT RE	TURN TO CONFIRM TH
		NT AND WILL BE PENALIZED		
	Scr	ATCH SH	EET	
WREEKING	Scr	атсн Sн	EET	
(Swimmer		Swimmer's Team)	EET (Event #)	(Event Name)
	's Name)	(Swimmer's Team)		(Event Name)
(Swimmer' Check ONE of t	's Name)	(Swimmer's Team)		(Event Name)
	's Name) the boxes below	(Swimmer's Team)	(Event #)	(Event Name)
	^{'s Name)} the boxes below I will scratch	(Swimmer's Team) V: I from the event indica	(Event #)	
	^{'s Name)} the boxes below I will scratch I exercise the	(Swimmer's Team) w: from the event indicate OPTION of scratchi	(Event #) ated above. ng from this	event within
	² s Name) the boxes below I will scratch I exercise the 30 minutes af	(Swimmer's Team) V: from the event indica e OPTION of scratchi fter my last <u>individua</u>	(Event #) (Event #) ated above. ng from this <u>l</u> event of thi	event within s session. My
	² s Name) the boxes below I will scratch I exercise the 30 minutes af last <u>individua</u>	(Swimmer's Team) w: of from the event indicate OPTION of scratchi fter my last <u>individua</u> al event of this session	(Event #) (Event #) ated above. ng from this <u>l</u> event of thi	event within s session. My
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	² s Name) the boxes below I will scratch I exercise the 30 minutes af last <u>individua</u>	(Swimmer's Team) w: of from the event indicate OPTION of scratchi fter my last <u>individua</u> al event of this session	(Event #) (Event #) ated above. ng from this l event of thi is event #	event within s session. My
Check <u>ONE</u> of t	^{'s Name)} the boxes below I will scratch I exercise the 30 minutes af last <u>individua</u> (Signature)	(Swimmer's Team) (Swimmer's Team) (Swimer's Team) (Swimmer's Team) (Swimmer's Team) (Swimme	(Event #) (Event #) ated above. ng from this l event of thi is event #	event within s session. My